

GAIN Information & FAQ's

What is GAIN?

This is a community of professionals eager to learn and willing to share ideas and information. GAIN is not about more exercises, sets, reps and training methods it is about passionate people who pursue excellence with honesty, integrity and respect to make a difference in the lives of the people we coach and teach.

What is GAIN 2017 Theme?

Making connections to foster meaningful change and innovation.

Who attends?

GAIN is open to Strength & Conditioning/Athletic Development coaches, Sport Coaches, Physical Therapists, ATC's, Chiropractors, Doctors and Physical Education teachers. Those who attend are professionals seeking career advancement & renewal through a networking experience and who are interested in getting out of their comfort zone.

Who has attended?

A who's who in sports performance, rehabilitation and physical education from around the world

Where can I learn more about GAIN?

Go to www.thegainnetwork.com/ or call 941-378-1778. You can also email Vern Gambetta at gstscoach@gmail.com

How do I apply?

Go to www.thegainnetwork.com/ and complete your online application. We will let you know within ten days if you are accepted.

Why do I have to apply? Can't I just sign up?

Having people apply is part of what makes GAIN special. It would be easier to make it open for anyone to enroll, but that is not what GAIN is about. We are looking for people who are willing to share and challenge themselves and others to grow professionally. The people in the network with you are as important (maybe even more important) than the faculty

experts. The connections and inspiration you get from those around you have a significant impact on the experience.

Is GAIN a certification?

No it is not a certification program. It is a professional development network; there is no accreditation or certification associated with it.

Is GAIN a boot camp?

No it is not a boot camp. There is an active learning component that attendees participate in if they are willing and able but the focus is on teaching and learning through lecture, demonstration and discussion.

How much does GAIN cost?

Tuition is \$1875. This includes breakfast, lunch and dinner each day, and lodging at Rice University.

Who are the faculty?

We have a faculty with a tremendous breadth of experiences and a track record of excellence in their chosen fields. They know how a performance team works, how all aspects of athletic development complement each other and most importantly they understand the process of developing athletes.

Coaching

Wade Gilbert, professor in the Department of Kinesiology at California State University, Fresno. Dr. Gilbert's areas of expertise include coaching effectiveness, talent development, and sport psychology. Editor - International Sport Coaching Journal | Consultant - USOC Coaching Education.

Vern Gambetta, Founder of GAIN Network, Currently Director of Gambetta Sports Training Systems

Sport Science

Michael Joyner MD, Mayo Clinic College of Medicine. He has done extensive work in *Physiology of Elite Athletes*. Elite athletic performances are experiments in nature on the limits of human physiology. Dr. Joyner uses data from real-world competitions to understand the limits of human physiology.

Athletic Development

John Pryor, Former conditioning coach Japan Rugby, Conditioning coach for Suntory Rugby and Brumbies in Super Rugby

Jim Radcliffe, Head S&C Coach University of Oregon

Martin Bingisser, HMMR Media, Swiss National Hammer Throw Coach

Nick Garcia, Athletic Development Coach & Assistant Track Coach, Notre Dame High School, Sherman Oaks, California

Steve Magness, Head Cross Country and Assistant Track Coach University of Houston

Sports Medicine/Rehab

Bill Knowles, ATC Philadelphia Union Academy and HP Sports

Ed Ryan, ATC Head Trainer US Women's Olympic Basketball Team, Formerly Head of Sports Medicine at USOC

Randy Ballard, ATC Assistant Trainer, University of Illinois Working With Track & Field and Volleyball

Joe Przytula, ATC Supervisor of Physical Education and Health, and athletic trainer with Elizabeth Public Schools, Elizabeth New Jersey USA.

Physical Education

Greg Thompson, Elementary Physical Education Teacher Farmington Michigan, Currently Athletic Development and Age Group Head Coach, Livonia City Soccer Club

Steve Myrland, District Performance Coach for Athletics, District Wellness Director Middleton Wisconsin School District

How does the network work?

The GAIN annual meeting is just the beginning. Participants have access to a secure website that offers access to an online forum and library including video of past GAIN Annual Meetings. There are periodic scheduled hangouts for GAIN members. In addition GAIN members are eligible to come back each year at a reduced rate.

Are there CEU's?

Yes there are CEU's from the NSCA.

When is GAIN?

June 13 to June 17, 2017

Where is GAIN?

It is held on the campus of Rice University in Houston Texas.