

## GAIN 2018 Information & FAQ's

### **What is GAIN?**

This is a community of professional's eager to learn and willing to share ideas and information. GAIN is not about more exercises, sets, reps and training methods it is about passionate people who pursue excellence with honesty, integrity and respect to make a difference in the lives of the people we coach and teach.

### **What is GAIN 2018 Theme?**

Connecting the Dots – Back to Basics

### **Who attends?**

GAIN is open to Strength & Conditioning/Athletic Development coaches, Sport Coaches, Physical Therapists, ATC's, Chiropractors, Doctors and Physical Education teachers. Those who attend are professionals seeking career advancement & renewal through a networking experience and who are interested in getting out of their comfort zone.

### **Who has attended?**

A who's who in sports performance, rehabilitation and physical education from around the world from elementary school physical education teachers, coaches of Olympians and those who work with professional teams.

### **Where can I learn more about GAIN?**

Go to [www.thegainnetwork.com/](http://www.thegainnetwork.com/) or call 941-378-1778. You can also email Vern Gambetta at [gstscoach@gmail.com](mailto:gstscoach@gmail.com)

### **How do I apply?**

Go to [www.thegainnetwork.com/](http://www.thegainnetwork.com/) and complete your online application. We will let you know within ten days if you are accepted.

### **Why do I have to apply? Can't I just sign up?**

Having people apply is part of what makes GAIN special. It would be easier to make it open for anyone to enroll, but that is not what GAIN is about. We are looking for people who are willing to share and challenge themselves and others to grow professionally. The people in the network with you are as

important (maybe even more important) than the faculty experts. The connections and inspiration you get from those around you have a significant impact on the experience.

**Is GAIN a certification?**

No, it is not a certification program. It is a professional development network; there is no accreditation or certification associated with it.

**Is GAIN a boot camp?**

No, it is not a boot camp. There is an active learning component that attendees participate in if they are willing and able but the focus is on teaching and learning through lecture, demonstration and discussion.

**Does focus only on team sports?**

**No, it is applicable to all sports, team & individual as well as speed /power and endurance sports**

**How much does GAIN cost?**

Tuition is \$2,050. This includes breakfast, lunch and dinner each day, and lodging at Rice University.

**Who are the faculty?**

We have a faculty with a tremendous breadth of experiences and a track record of excellence in their chosen fields. They know how a performance team works, how all aspects of athletic development complement each other and most importantly they understand the process of developing athletes.

**How does the network work?**

The GAIN annual meeting is just the beginning. Participants have access to a secure website that offers access to an online forum and library including video of past GAIN Annual Meetings. There are periodic scheduled hangouts for GAIN members. In addition, GAIN members are eligible to come back each year at a reduced rate.

**Are there CEU's?**

We provide documentation so you can apply for CEU's from the relevant body.

**When is GAIN?**

June 12 to June 16, 2018

**Where is GAIN?**

It is held on the campus of Rice University in Houston Texas.